

**Comp #:** 1408  
**Company:** Mama La Rosa Foods, Inc.  
**Product:** Multi Grain Doughball Uncooked  
**Formula:** 76803  
**Date:** Wednesday, November, 18, 2009

### US Nutrition Facts Report

Serving Size: 1 piece (57g/2oz)

Servings per container: 8

| Nutrient           | Values | Unit | % Daily Value |
|--------------------|--------|------|---------------|
| Calories           | 130    | kcal |               |
| Calories From Fat  | 15     | kcal |               |
| Total Fat          | 2      | g    | 3 %           |
| Saturated Fat      | 0      | g    | 0 %           |
| Trans Fat          | 0      | g    |               |
| Cholesterol        | 0      | mg   | 0 %           |
| Sodium             | 260    | mg   | 11 %          |
| Total Carbohydrate | 24     | g    | 8 %           |
| Dietary Fiber      | 2      | g    | 9%            |
| Sugars             | 2      | g    |               |
| Protein            | 5      | g    |               |
| Vitamin A          |        |      | 0 %           |
| Vitamin C          |        |      | 0 %           |
| Calcium            |        |      | 4 %           |
| Iron               |        |      | 8 %           |

Required when a cholesterol or other fatty acid claim is made:

|                     |   |   |  |
|---------------------|---|---|--|
| Polyunsaturated Fat | 1 | g |  |
| Monounsaturated Fat | 0 | g |  |

Required when an enrichment claim is made:

|            |  |  |     |
|------------|--|--|-----|
| Thiamin    |  |  | 15% |
| Riboflavin |  |  | 8%  |
| Niacin     |  |  | 8%  |
| Folate     |  |  | 15% |

**Nutritional data provided by AIB is based solely on information rendered by the bakery and the ingredient manufacturers**

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# American Institute of Baking Nutrition Labeling Program

**Date:** Wednesday, November 18, 2009

**Company #:** 1408

**Company:** Mama La Rosa Foods, Inc.

**AIB Formula #:** 76803

**Product:** Multi Grain Doughball Uncooked

**Form:** Stda

Standard Format with Mandatory Nutrients

Minimum Type Size

## Nutrition Facts

Serving Size 1 piece (57g/2oz)

Servings Per Container 8

### Amount Per Serving

**Calories** 130      **Calories from Fat** 15

### % Daily Value\*

**Total Fat** 2g      **3%**

Saturated Fat 0g      **0%**

*Trans* Fat 0g

**Cholesterol** 0mg      **0%**

**Sodium** 260mg      **11%**

**Total Carbohydrate** 24g      **8%**

Dietary Fiber 2g      **9%**

Sugars 2g

### **Protein** 5g

Vitamin A 0%      •      Vitamin C 0%

Calcium 4%      •      Iron 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    |           | Calories | 2,000   | 2,500 |
|--------------------|-----------|----------|---------|-------|
| Total Fat          | Less than | 65g      | 80g     |       |
| Sat Fat            | Less than | 20g      | 25g     |       |
| Cholesterol        | Less than | 300mg    | 300mg   |       |
| Sodium             | Less than | 2,400mg  | 2,400mg |       |
| Total Carbohydrate |           | 300g     | 375g    |       |
| Dietary Fiber      |           | 25g      | 30g     |       |

Calories per gram:

Fat 9      •      Carbohydrates 4      •      Protein 4

# AIB International Food Labeling

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## Summary Sheet

| Reports for this product | Nutrition Facts | Camera-Ready Nutrition | 100g Report | Ingredient Legend | Allergen Disclosure | Label Compliance Review/Adaptation |
|--------------------------|-----------------|------------------------|-------------|-------------------|---------------------|------------------------------------|
| US                       |                 |                        |             |                   |                     |                                    |
| Canada                   |                 |                        |             |                   |                     |                                    |

Company Name: Mama LaRosa Foods, Inc.  
**FOOD PRODUCT NAME:** Multi Grain Doughball  
 Common Description of Product: Doughball uncooked  
 (e.g. rice side dish, snack cake, etc.)

**Processing Information: (please indicate units, e.g., ounces, grams, etc.)**

| Component Number       | Component (**see note below) | Scaling Weight Per Piece, Tray, Pan, etc. | Processing Method (simmered, baked, etc. or none) | Finished Weight Per Same Piece, Tray, Pan, etc. | Component Moisture Content after Processing if Known % | MR<br>AIB use | CR<br>AIB use |
|------------------------|------------------------------|---|---|---|--|---------------|---------------|
| 1                      | Bread / pizza dough          | 16 oz.                                    | None  | 16oz.   |  |               |               |
|                        |                              |   |   |   |  |               |               |
|                        |                              |   |   |   |  |               |               |
|                        |                              |   |   |   |  |               |               |
|                        |                              |   |   |   |  |               |               |
|                        |                              |   |   |   |  |               |               |
|                        |                              |   |   |   |  |               |               |
|                        |                              |   |   |   |  |               |               |
|                        |                              |   |   |   |  |               |               |
| Total Weight Per Unit: |                              | 16 oz.                                    |   |   |  |               |               |

Final Moisture of Product if known (%): \_\_\_\_\_

**Serving and Packaging Information: (please indicate units, e.g., ounces, grams, square inches, etc.)**

|   |   |
|---|---|
| Net Weight of food in package:<br>16oz.   | Number of pieces/slices in the package:<br>8    |
| Weight per piece:<br>2 oz.  | Weight of 1 cup (for items measurable in cups): |
| Food dimensions (length of loaf, diameter of a round cake, etc.)  |   |
| Type of packaging (e.g., can, box, clamshell, bag, tray with overwrap, etc.)  |   |
| Package dimensions (height x width x depth OR height x circumference)   |   |
| Area (square inches or square centimeters) of package available for labeling (any part of the package that will be used for any type of labeling) |   |

\*\*Component – If a product, such as a loaf of bread, has only one component, you will fill out just one line and list "bread dough" as the component name. If a product has several components, such as an iced cake, you will have one line for the cake batter and a second line for the icing. If you have two or more components that are baked together, you may indicate one finished weight for those components. If you are selling a mix, use the first line for the mix and then on subsequent lines, indicate the ingredients that the consumer adds but make sure it is clear that these ingredients are not in the package. You will need to fill out a formula sheet for each component that you have listed.