

Comp #: 1408
Company: Mama La Rosa Foods, Inc.
Product: Hi-Gluten Doughball
Formula: 75261
Date: Wednesday, September 28, 2011

US Nutrition Facts Report

Serving Size: 1/8 dough (57g/2oz)

Servings per container: 8

Nutrient	Values	Unit	% Daily Value
Calories	120	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2 %
Saturated Fat	0	g	0 %
Trans Fat	0	g	
Cholesterol	0	mg	0 %
Sodium	230	mg	10 %
Total Carbohydrate	25	g	8 %
Dietary Fiber	2	g	7 %
Sugars	2	g	
Protein	5	g	
Vitamin A			0 %
Vitamin C			0 %
Calcium			0 %
Iron			8 %

Required when a cholesterol or other fatty acid claim is made:			
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	

Required when an enrichment claim is made:			
Thiamin			15%
Riboflavin			8%
Niacin			10%
Folate			15%

Nutritional data provided by AIB is based solely on information rendered by the bakery and the ingredient manufacturers

AIB International Food Labeling Services
 1213 Bakers Way, P.O. Box 3999, Manhattan KS 66505-3999
 Phone: 785-537-4750 Fax: 785-537-1493

Comp #: 1408
Company: Mama La Rosa Foods, Inc.
Product: Hi-Gluten Doughball
Formula: 75261
Date: Monday, September 12, 2011

One Hundred Gram Report

Nutrient	Values	Unit
Calories	215.79	kcal
Calories From Fat	15.79	kcal
Total Fat	1.75	g
Saturated Fat	0.44	g
Trans Fat	0.07	g
Polyunsaturated Fat	0.82	g
Monounsaturated Fat	0.43	g
Cholesterol	0.0	mg
Sodium	410.31	mg
Potassium	79.46	mg
Total Carbohydrate	44.03	g
Dietary Fiber	3.05	g
Sugars	3.02	g
Protein	8.22	g
Vitamin A	0.0	IU
Vitamin C	0.0	mg
Calcium	13.12	mg
Iron	2.64	mg
Thiamin	0.43	mg
Riboflavin	0.25	mg
Niacin	3.23	mg
Folate	101.58	mcg
Moisture	44.62	g
Ash	1.37	g

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American Institute of Baking Nutrition Labeling Program

Date: Thursday, June 30, 2011

Company #: 1408

Company: Mama La Rosa Foods, Inc.

AIB Formula #: 81318

Product: Hi-Gluten Doughball Revised

Form: Stda

Standard Format with Mandatory Nutrients

Minimum Type Size

Nutrition Facts

Serving Size 1/8 dough (57g/2oz)
Servings Per Container 8

Amount Per Serving

Calories 120 Calories from Fat 10

% Daily Value*

Total Fat 1g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 25g	8%
Dietary Fiber 2g	7%
Sugars 2g	

Protein 5g

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4